

# Elder Abuse Awareness Month



Morongó Social Services  
Prevention and Education  
May 2010



## Under One Sky Respect and Awareness for Our Elders

*There is a river flowing now very fast.  
It is so great and swift, that there are those who will be afraid.  
They will try to hold on to the shore,  
They will feel they are being torn apart and will suffer greatly.  
Know that the river has its destination.  
The elders say we must let go of the shore,  
Push off into the middle of the river,  
Keep our eyes open and our heads above the water.  
See who is there with you and  
Celebrate at this time in history,  
We are to take nothing personally,  
Least of all ourselves,  
For the moment we do,  
Our spiritual growth and journey come to a halt.  
The way of the lone wolf is over.  
Gather ourselves.  
Banish the word struggle from our attitude and vocabulary.  
All that we do now must be done in a sacred manner  
And in celebration.  
We are the ones we have been waiting for.*

*Message From The Hopi Elders 2001*